

How to join National Health Insurance system

1 Sending of Qualification Confirmation Sheet Synchronization with MyNa Insurance Card (※)

Application Desk	Municipal Office (National Health Insurance Division)	Branch Offices, Station -front Administrative Services Centers
Timings	3-5 days after application	a week after application

※Scheduled days of sending and synchronizing might be delayed due to system maintenance.

- ・ MyNa Insurance Card holders → Notification of Eligibility Information will be sent to you by post. Bring MyNa Insurance Card to medical institutions when you seek for consultation.
- ・ Not holding MyNa Insurance Card → Qualification Confirmation sheet will be sent to you by post.

- ・ In case of changing of address, do not forget to notify it to Post Office.
- ・ In case you need to visit medical institutions before receiving Qualification Confirmation Sheet or synchronization with MyNa Health Insurance Card, Notice of submit Qualification Confirmation to medical institutions which will be issued at application desks upon your request.

2 Timing of Tax Notice to be sent to you

Application	April - June	July - March the following year
Sending	Mid July	Within the month of application or late in the following month

The Head of Household is responsible for payment of Insurance Tax, so the Tax Notice will be sent to the Head of the Household, even if he/she is not insured by the NHI scheme.

3 How to pay Insurance Tax

By bank account transfer

Automatic deduction from designated accounts with bank, credit association, post office bank, etc.

By Payment Form

Direct payment in cash at convenience stores, banks, post offices or city office

Deduction from the Pension

Eligible persons only. Deducted from Pension

Annual Insurance Tax is split into 8 installments during the period between July and February of the following year.

The amount to be paid each time is different from the monthly amount of Insurance Tax.

Period	1st period	2nd period	3rd period	4th period	5th period	6th period	7th period	8th period
Due Date	July	August	September	October	November	December	Next January	February

1 資格確認書の送付 マイナ保険証反映 時期

※配達日や反映日はシステムメンテナンス等により遅れる場合があります。

- ・マイナ保険証をお持ちの方→資格情報のお知らせが郵送されます。医療機関にはマイナ保険証で受診ください。
- ・マイナ保険証をお持ちでない方→資格確認書が郵送されます。マイナ保険証＝保険証利用登録がされたマイナンバーカード

- ・転入や転居の際は、郵便局にも住所変更届をお願いします。
- ・資格確認書が届く前またはマイナ保険証連携前に医療機関にかかれるかたは、お申し出により受付窓口にて「資格取得連絡票」を交付いたします。

2 納税通知書の送付時期

4月～6月 7月中旬
7月～3月 当月又は翌月下旬

納税義務者は世帯主
世帯主あてに納税通知書を送付

3 納付方法

- ・口座振替
銀行等の口座から引落
- ・納付書払い
コンビニ等で現金払い
- ・年金天引き
対象者のみ。受取る年金から天引き。

支払いは7月～翌年2月までの8回の分割払い

If the end of the month falls on a holiday, the due date will be slid to the following business day.
Insurance Tax should be paid by the due date.
If the tax payment is overdue, delinquency charges is added to the tax amount.

4 the Head of a Household have the responsibility of paying Insurance Tax

Person who has responsibility in paying Insurance Tax is “the Head of Household” of the address registered with the municipality. Even when the Head of Household is joining other insurance system, that person will have the responsibility in paying the NHI tax if any of the members of the household is joining National Health Insurance system (called Fictitious Head of Household).

5 Must pay Tax from the month you obtained qualification

You start paying Insurance Tax from the month you obtained qualification, not the month of application. Late apply does not mean you are exempted from paying for

6 Every person must declare income

Whether you have income or not, every member of NHI system age-17 or over must declare annual income.

If you fail to declare income...

Reduction of Insurance Tax will not be applied.

“Eligibility Certificate for Ceiling Amount Application” for hospitalization, etc. cannot be issued.

7 Notification for Withdrawal must be made within 14 days of your disqualification.

When you joined your employer operated Health Insurance System, you need to withdraw from NHI system. (Same when you are recognized as a Dependent)
Your employer cannot accept NHI related procedures. You need to go through the procedure yourself.

Online application is available for NHI withdrawal.

Join · Withdrawal of National Health Insurance system⇒



《Inquiry》 National Health Insurance Division

Join · Withdraw, calculation of Insurance Tax, etc.	Qualification Desk 1, Qualification Desk 2	048-259-7669
NHI benefits, High-cost Medical Expenses, etc.	Benefit Desk	048-259-7670
Payment of NHI tax, consultation	National Health Insurance Tax Collection	048-259-7671
Specified Medical Checkups, Specified Health Guidance	Insurance Desk	048-259-7916

保険税は納期限内に支払いをお願いします。納期限を過ぎると延滞金も含めて支払いをしていただきます。

4 納税義務者は、世帯主です。

保険税の納税義務者は、住民票の『世帯主』です。また、世帯主が国保に加入していなくても、世帯内に国保加入者がいれば、世帯主が納税義務者となります。(擬制世帯主といえます。)

5 保険税は、資格を得た月から納付します。

保険税は、国保加入の届出をした月からではなく国保の資格を得た月の分から納付します。届出が遅れても遡って納めることとなります。(遡及賦課)

6 所得の申告は、収入に関わらず全員必要です。

国保に加入している17歳以上のかたは、収入の有無にかかわらず、所得の申告が必要です。

申告をしないと・・・
保険税の軽減が適用されません。
入院時等に利用する「限度額適用認定証」が発行できません。
など、いざという時に困ってしまいます。

7 脱退手続きは、14日以内に届出が必要です。

勤務先の健康保険等に加入したときは、脱退手続きが必要です。(被扶養者に認定されたときも同様です。)

会社では、国保の手続きを行いませんので必ずご自身で行ってください。

国保の脱退手続きはオンライン受付可能です。

国保への加入・脱退手続きについて