Notice from National Health Insurance (NHI) Division

1 When your NHI Card be delivered

Place of application	City Office(National Health Insurance Division)	City Office branches or Administrative Services Center	
Approximate delivery date	3 - 5 days after application	1 week after application Sent by Simple Registered Mail	

The card will be sent by Simple Registered Mail. Please notify post office if there is any changes in your address.

2 Insurance Tax is levied from the month you obtained your qualification to be covered by the NHI scheme.

Insurance Tax is calculated each month and levied on every person, and there is no exception.

Note that the calculation of the NHI Tax will be started from the month your qualification for is approved, not from the month you made an application.

3 Time of the Tax Notice (bills for insurance tax) be delivered

the Month of application	April through June	July through March of the following year
Sent-out date	mid-July	The month of application or around the end of the following month

The Head of Household is responsible for payment of Insurance Tax, so the Tax Notice will be sent to the Head of the Household, even if he/she is not insured by the NHI scheme.

4 How to pay Insurance Tax

By bank account transfer

Automatic deduction from designated accounts with bank, credit association, post office bank, etc.



By Payment Form

Direct payment in cash at convenience stores, banks, post offices or city office

Deduction from the Pension

Eligible persons only. Deducted from Pension



Annual Insurance Tax is split into 8 installments during the period between July and February of the following year.

The amount to be paid each time is different from the monthly amount of Insurance Tax.

	Term	1st	2nd	3rd	4th	5th	6th	7th	8th
ſ	Due	End of	28 of	End of	End of				
١	date	July	August	Sept.	Oct.	Nov.	Dec.	Jan.	Feb.

If the end of the month falls on a holiday, the due date will be slided to the following business day.

Insurance Tax should be paid by the due date.

If the tax payment is overdue, delinquency charges is added to the tax amount.

1 保険証の送付時期

·市役所(国民健康保険課) 申請日から3~5日後

・各支所・行政センター 申請日から1週間後 簡易書留で送付

2 国民健康保険税は資格 を得た月からかかります

保険税は月ごとに計算 無料のかたはいません 手続きをした日からでは なく、資格を得た月までさ ないのぼって保険税を計 算します

3 納税通知書の送付 時期

4月~6月 7月中旬 7月~3月 当月又は 翌日下旬

納税義務者は世帯主 世帯主あてに納税通知書 を送付

4_納付方法

・ロ座振替 銀行等の口座から引落

・納付書払い コンビニ等で現金払い

・年金天引き 対象者のみ。 受取る年金から天引き

支払いは7月〜翌年2月ま での8回の分割払い

月末が休日の場合は、金融機関の翌営業日が納期限です。

保険税は納期限内に支払いをお願いします。納期限を過ぎると延滞金も含めて支払いをしていただきます。

Universal Health Insurance System in Japan

The Japanese Universal Health Insurance System is the scheme that everyone residing in Japan joins one of the public health insurance systems and supports each other's medical costs. Foreigners who are registered on the Basic Resident Register due to having permission of stay for more than 3 months, and not covered by any of the Employees' Health Insurance systems, etc.* must join the NHI. In this case, people mandatorily become eligible to join the NHI and are required to pay the Insurance Tax regardless of whether they use an Insurance Card or not. So please promptly submit an application for the NHI scheme managed by local municipal governments.

* For example, Insurance System for the Latter Stage of Elderly or Welfare Benefits Recipients

Determination of your Insurance Tax

The amount of the Insurance Tax is determined on "Per Income Basis" which the calculation is done on the previous year's income, and on "Per Capita Basis". For people from overseas, their first year's Insurance Tax isdetermined based only on "Per Capita Basis", because they had no income for the previous year in Japan; tax amounts will vary from the following year depending on their income.

On the emount		For Medical Benefits	For Medical Care System for the Latter Stage of Elderly	For Nursing Care Benefits	←
Per Income Basis	On the amount of the previous year's income after the Basic Deductions were taken away	7.45%	2.5%	1.3%	
Per Capita Basis	Taxation per person(member or applicable)	28,000yen	9,000yen	13,000yen	
Imposition limit		650,000yen	220,000yen	170,000yen	

Person aged between 40 and 64 are obliged to pay the portions for Medical Benefits, Medical Care System for the Latter Stage of Elderly, and Nursing Care Benefits.

The tax amount on Per Capita Basis may be reduced according to the previous year's income. Please file annual tax return at the Tax Office or City Office.

If you fall behind on Insurance Tax

Charges for delinquency

To secure the fairness with the faithful taxpayers, the Local Tax Law provides that the delinquency charge will be added in accordance with number of days you failed to pay tax from the next day of duedate until the day you finish the payment.

② Seizure of property

Savings or deposits, wages, or real estate will be seized, to be appropriated for the overdue Insurance Tax.

③ Issuance of a certificate of qualification

If you keep falling behind on Insurance Tax payment, you will be obliged to return the NHI Card and be issued a certificate of qualification. While you have a certificate of qualification, you may be required to pay the full amount of medical expenses.

*Renewal of your visa status might be affected by any delinquency in paying Insurance Tax.

5 国民皆保険制度

日本の医療保険制度は日 かたがいずれかの公的医療 保険に加入し、お互いの医 療費を支えあっています。 外国人であっても、3ヵ月を 超える在留資格があることで 住民基本台帳に登録されかつ会社の健康保険など に加入していないかたは、お住まいの市町村の国民健康 保険に加入する必要があり

上記の場合、本人の意思 にかかわらず、国民健康保 険の資格が強制的に発生し 保険証の使用の有無を問わ ず保険税をお支払いいただく ことになりますので、速やか に加入の届出をしてください ※他に後期高齢者医療保

険や生活保護受給

6 保険税の決め方

40歳以上65歳未満のかたは、医療給付費分、後期高齢者支援金分に加え 介護納付金も納めていた

前年の所得に応じて均 等割額が軽減される場合 がありますので、税務署 又は市役所市民税課で 所得の申告をしてくださ い。

保険税を滞納すると

②財産の差押え 預貯金・給料・不動産等の 差し押さえを行い、未納分の

保険税の滞納を続けると 明書が交付されることがあります。資格証明書が交付されて 自己負担となることがあります

^{*1} Total income includes income with separate income tax.

^{*2} Basic exemption is 430,000 yen

Please notify us in such cases

	Cases	Necessary Documents	・他市町村から転入
Joining	Moved-in from other municipality	2nd page of "Notice of Change of Address" you submitted to Citizen's Affairs Division, Residence Card.	住民異動届の2枚目、 在留カード
	Withdrew from an Employees' Health Insurance	Certificate to prove withdrawal of Employees' Health Insurance, Residence Card.	・職場の健康保険を脱退 健康保険を脱退した証明書 在留カード
	Lost qualification as a dependent under Employees' Health Insurance	Certificate of loss of qualification as a dependent, Residence Card.	・子の出生
	Birth of a Baby	Either father or mother's National Health Insurance Card.	父または母の保険証
Withdra- wing	Move-out to other municipality	2nd page of "Notice of Change of Address" you submitted to Citizen's Affairs Division, <u>Residence</u> <u>Card.</u>	・他の市区町村へ転出 住民異動届の2枚目
	Joined an Employees' Health Insurance	New Health Insurance Card (for all members of the family), National Health Insurance Card.	・他の健康保険へ加入 新しい保険証(全員分)、
	Became a dependent of the insured covered by an Employees' Health	New Health Insurance Card, National Health Insurance Card.	国保の保険証
	Decease of an insured person	National Health Insurance Card.	・国保加入者の死亡 国保の保険証
Other	Extended the period of stay	Residence Card, passport (with an attached document: Designation Notice).	・在留期間の更新 在留カード
	Change of address	National Health Insurance Card, Residence Card.	・住所等の変更 保険証、在留カード
	Separation or joint of the Household	National Health Insurance Card, Residence Card.	・保険証の紛失 在留カード
	Change of the Head of the Household or a name of the member of the household	National Health Insurance Card, Residence Card.	
	Lost National Health Insurance Card	Residence Card.	

X If your quaification is "Designated Activities", please bring your passport with attached document "Designated Activities"

System of National Health Insurance

A Time of your NHI Card be issued

To holders of NHI Card of which expiration date is on July 31, a new card will be delivered by the end of July every year.

B Copayment of the insured

① Before start attending Compulsory Education	20%
② After start attending Compulsory Education to a day before the person becomes age 70.	30%
③ Age 70 to a day before the person becomes 75.	20%
Person having active workers' level of income (regardless of age)	30%

8 届け出が必要なとき

書、

※在留資格が「特定活動」のかたはパスポート(指定書)が必要。

※マイナンバーカード又はマイナンバー通知カードと身分証明書 (在留カード)をお持ちください。

9 国保のしくみ

A 保険証の送付時期

保険証の有効期限が7月31 日までのかたには、毎年7月 末までに新しい保険証を送付

- B 保険証の負担割合
- ①義務教育就学前 2割
- ②義務教育就学後 ~70歳未満 3割
- ③70歳以上75歳未満

生年月日に関係なく現役 並み所得のあるかた 3割

^{*} Please bring your "My Number Card" or a Notofication of "My Number (individual code)" and your personal ID (Residence Card)

Specified Medical Check-up 10

A Specified Medical Check-up

[Eligible persons] Person insured by National Health Insurance scheme.

① Age from 40 to 74

② Age 74 person before becoming age 75

[Period] From June 1 to February 28, the following year

[Cost]

[Application] Make an appointment with hospitals or clinics

providing Specified Medical Check-ups.

[Bringings] Ticket, Check-up sheet and Insurance Card

B Thorough Medical Check-up

[Eligible persons] Person insured by National Health Insurance scheme,

age 30 - 74 who have paid or are expected to pay the

whole Insurance Tax (1 time/year).

[Period] From April 1 to February 28, the following year

[Cost] ¥9,900 Aged from 30 to 64;

> Age from 65 to 74; ¥6,600

[Application] Make an appointment with the designated hospitals or

clinics to fix the check up date.

[Bringings] Ticket, Check-up Sheet and Insurance Card

You are not allowed to take both Check-ups (Specified Medical Check-up and Thorough Medical Check-up) in the same fiscal year. Take either of the Check-ups.

10 特定健診

A 特定健診

対象者 国保加入者のうち ①満40~74歳になるかた ②75歳になるかたで、健診

74歳のうちに受けるかた

·実施期間 6月1日~翌年2月末

・申込み 実施機関に電話等で予約

持ち物 受診券と受診票と保険証

B 人間ドック

対象者 国保税を完納している、ま たは完納見込みである30歳以上74歳以下の被保険者(1

·実施期間 4月1日~翌年2月末

·費用 30~64歳までは9,900円 65~74歳までは6,600円

指定医療機関へ直接電話し、

受診日を予約。

・持ち物 受診券と保険証

・特定健診と人間ドックは重複して受診することはできません。いずれか年度内1回の受診に限ります。

11 Inquiries

	Floor	Window			
ealth	Qualificat ion Desk 1 & 2	048-259-7669	Insurance Card, Join & Withdrawal of National Health Insurance, Imposition of National Health Insurance Tax, etc.		No.6
nal H	Benefits Desk	048-259-7670	Insurance benefits, Medical Care expenses, Reimbursement System	šF	No.7
National Health Insurance Division	Insurance Desk	048-259-7916	Specified Medical Check-up- Specified Health Guidance	Main buiding 3F	No.7
National Health Insurance Tax Receiving Division	Tax Receiving Desk 1	048-259-7671	Payment of Insurance Tax,	Mair	No.8
Nationa Insura Rece Divi	Tax Receiving Desk 2	Receiving 048-259-7673	Consultation,		140.0
Elderly Insurance Operation Division Nursing Care Insurance Division		048-259-7653	Medicalcare system for elderly aged 75 or over	C1	No.2
		048-259-7295	Nursing Care Insurance premium & benefits for people aged 65 or over	Main building	No.6

の内容は 024年6月1日現在